



**STARS SWIM ACADEMY invites you to the
International Swim Meet "LEFKOS PIRGOS 2025"**

Eligible age groups: 10, 11, 12 years old & 8, 9 years old

(ages as of 31st of December 2025)

THESSALONIKI 24 – 25 May 2025



Stars Swim Academy in collaboration with the Regional Swimming Committee of Central-West Macedonia is organising the International Swim Meet "LEFKOS PIRGOS". The meet will be held in the indoor pool (50m, 8 lanes with electronic timing) of Poseidonio Swimming Centre in Thessaloniki on Saturday 24th and Sunday 25th of May 2025.

The meet will be conducted in four sessions, in accordance with the current rules of WORLD AQUATICS and the regulations of the Hellenic Swimming Federation (HSF).

MEET RULES

- Greek clubs affiliated with HSF and foreign clubs affiliated with the relevant governing body are eligible to enter in this meet.
- Eligible age groups: swimmers born in 2015 (10 years old); 2014 (11 years old); 2013 (12 years old) and those born in 2016 (9 years old) and 2017 (8 years old). Ages as of 31st of December 2025.
- All participating swimmers of Greek clubs must have valid health and accreditation cards with HSF.
- All participating swimmers of non-Greek clubs must be registered with their governing body.
- The meet will be conducted in accordance with the Integrity Code of WORLD AQUATICS for swimming and HSF's regulations.
- According to HSF's regulations, technical suits are prohibited for swimmers under the age of 13, and therefore no technical suits are permitted in this meet.
- Doctor and lifeguard will be in attendance at all times over the course of the meet.
- The facility is licenced by the Greek state to hold swimming competitions.
- All clubs can participate with an unlimited number of swimmers in each event and age group category.
- Each swimmer of the 8-9 age groups can enter up to 2 events.
- Each swimmer of 10-11-12 age groups can enter up to 3 events in total and up to 2 events per sessions.

- The event of 400-m freestyle of boys and girls 11-12 years old will be held in two final heats with the 16 fastest times entered (i.e. 16 fastest boys and 16 fastest girls, regardless of age). This number of swimmers in this event is in accordance with HSF's regulations.
- In the relay events, each club can enter one or more relay teams in each category (each relay team of the same club must be named as: A team, B team etc.). In the official results of the meet, only the highest ranked team of each club will be considered.

MEET PROCEDURE

- ✓ In 10-11-12 years old age groups, the events of 100-m, 200-m, 400-m and the relay events will be conducted in final heats by age group, starting with the fastest entry times. In 50-m events, there will be preliminaries with the 8 fastest swimmers in each age group to progress to the final.
- ✓ In 100-m, 200-m and 400-m events, over the top starts will be used. The swimmers that finished their race should remain quietly in the water (on the side of their lane) whilst the swimmers for the next heat are called to the blocks and start is given. In 50-m events, swimmers must exit the pool immediately. Coaches are requested to make their swimmers aware of the aforementioned process.

ENTRIES

- **Preliminary entries:** for the sake of good organisation, we kindly ask clubs to make preliminary entries indicating the number of the swimmers they intend to enter in this meet. Preliminary entries must be submitted **by Tuesday 1st of April 2025 at: starswimacademy@gmail.com**
- The organiser reserves the right to reject entries if the total number of entries exceeds an acceptable limit. **Preliminary and final entries will be honoured in the order of their arrival at the email address specified above.**
- **Final entries for individual events and relays** must be submitted electronically **by Friday 16th of May 2025 at 23:59 pm (UTC +02:00)**. Greek clubs must submit their entries through HSF's online platform (https://clubs.koe.org.gr/KOEWebEntries_PROD/), while all foreign clubs must contact the Regional Swimming Committee of Central-West Macedonia at pekkdm@otenet.gr in order to request the necessary entry form for foreign clubs.
- **On Tuesday the 20th of May 2025**, the entry lists along with the timelines and warm-up times will be posted on HSF's website.
- **Any withdrawals for individual or relay events must be submitted (on HSF's online platform for the Greek clubs and at pekkdm@otenet.gr for the foreign clubs) by Thursday 22nd of May 2025 at 23:59 (UTC+02:00)**. Following the submission of withdrawals, the final timeline and the start lists will be announced.

- Further withdrawals for each session must be submitted at the recorders desk no later than 30 minutes before the start of the respective session.
- Further changes in the relay team lines must be submitted no later than 1 hour before the start of the respective session that the relay is scheduled.
- **For inquiries regarding the entries**, please contact the Regional Swimming Committee of Central-West Macedonia (email: pekkgdm@otenet.gr, tel. +30 2310421433).
- **For any inquiries regarding the meet**, please contact the meet organisers: Mr Chrysafis Vangelakakis (mob. +30 6936902121, email: starswimacademy@gmail.com) and Mr Kostas Kalitsis (mob. +30 6946658204, email: kostaskalitsis@gmail.com).

ENTRY FEE

The entry fee amounts to **22€ per swimmer in the 10, 11 and 12 age groups**.

The entry fee for the **8 and 9 age groups amounts to 17€ per swimmer**.

The entry fees are paid prior to the beginning of the meet to the treasurer of STARS SWIM ACADEMY.

According to the 622/e 30/1/2018 decision of HSF, 3€ euros of the above entry fee per swimmer will be attributed to HSF.

AWARDS

- The top 8 finishers in each individual event will be given medals (top 3 finishers) and certificates (for finishers between 4th and 8th place).
- In the relay events, medals will be given to the first 3 teams.
- In the 10, 11 and 12 age groups, special award will be given to MVP swimmers who win 3 gold medals in their individual events.
- In the 10, 11 and 12 age groups and **based on the total number of top 8 finishers in individual events**, 3 top club awards will be given to the clubs as follows: 1) top club with the most top 8 finishers across boys' 10-11-12 age groups; 2) top club with the most top 8 finishers across the girls' 10-11-12 age groups; 3) top club with the overall (across 10, 11, 12 age groups and sexes) highest number of top 8 finishers.
- Special award will be given to the club with the highest total number of participating swimmers (after withdrawals) in the 8- and 9-year-old age groups.
- The lead coach of the overall top club in the 10, 11 and 12 age groups and the lead coach of the club with the highest number of participants in the 8 and 9 age groups will be given an award.
- On behalf of the organisers, gifts will be given to every participating swimmer.
- The award ceremonies will be conducted by former/current senior swimmers.



MEET SCHEDULE LEFKOS PIRGOS 24-25.5.2025

Session A: Saturday 24/5/2025 start time 9.00 am 10, 11 & 12 age groups

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|----|------------|--------------------|---------------------|--|
| 1. | 50m | Freestyle | Girls - Boys | 10, 11 & 12 years old |
| 2. | 100m | Backstroke | Girls - Boys | 10, 11 & 12 years old |
| 3. | 200m | IM | Girls - Boys | 10, 11 & 12 years old |
| 4. | 100m | Breaststroke | Girls - Boys | 10, 11 & 12 years old |
| 4. | 400m | Freestyle | Girls - Boys | 11 & 12 years old |
| 6. | 50m | Freestyle | Girls - Boys | 10, 11 & 12 years old (final) |
| 7. | 4X50m* | Mixed Medley Relay | Girls | |
| 8. | 4X50m* | Mixed Medley Relay | Boys | |

***4X50m Mixed Medley Relay across 10, 11 and 12 age groups: each relay team must include one (1) swimmer from the 10 age group, one (1) swimmer from the 11 age group, one (1) swimmer from the 12 age group, and one (1) swimmer from any of the 10, 11 and 12 age groups.**

Session B: Saturday 24/5/2025, start time 6.00 pm 10, 11 & 12 age groups

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|----|------------|-----------------------|---------------------|--|
| 1. | 4X50m | Medley Relay | Boys - Girls | 10, 11 & 12 years old |
| 2. | 50m | Backstroke | Boys - Girls | 10, 11 & 12 years old |
| 3. | 100m | Butterfly | Boys - Girls | 11 & 12 years old |
| 4. | 200m | Breaststroke | Boys - Girls | 11 & 12 years old |
| 5. | 100m | Freestyle | Boys - Girls | 10, 11 & 12 years old |
| 6. | 50m | Backstroke | Boys - Girls | 10, 11 & 12 years old (final) |
| 7. | 8X50m* | Freestyle Mixed Relay | | |

***8X50m Mixed Freestyle Relay across 10, 11 and 12 age groups: each relay must include one (1) boy and one (1) girl from the 10 age group, one (1) boy and one (1) girl from the 11 age group, one (1) boy and one (1) girl from the 12 age group, and one (1) boy and one (1) girl from any of the 10, 11 and 12 age groups.**

Session C: Sunday 25/5/2025, start time 9.00 am 10, 11 & 12 age groups

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|----|------------|---------------------|--------------|--|
| 1. | 50m | Butterfly | Girls - Boys | 10, 11 & 12 years old |
| 2. | 50m | Breaststroke | Girls - Boys | 10, 11 & 12 years old |
| 3. | 200m | Backstroke | Girls - Boys | 11 & 12 years old |
| 4. | 200m | Freestyle | Girls - Boys | 10, 11 & 12 years old |
| 5. | 50m | Butterfly | Girls - Boys | 10, 11 & 12 years old (final) |
| 6. | 50m | Breaststroke | Girls - Boys | 10, 11 & 12 years old (final) |
| 7. | 4X50m | Freestyle Relay | Girls - Boys | 10, 11 & 12 years old |

Session D: Sunday 25/5/2025, start time 1.00 pm (tbc) 8 & 9 age groups

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|----|--------|------------------|--------------|-----------------|
| 1. | 4X50m* | Mixed Free Relay | Girls - Boys | 8 & 9 years old |
| 2. | 50m | Freestyle | Girls - Boys | 8 & 9 years old |
| 3. | 50m | Breaststroke | Girls - Boys | 8 & 9 years old |
| 4. | 50m | Backstroke | Girls - Boys | 8 & 9 years old |
| 5. | 50m | Butterfly | Girls - Boys | 8 & 9 years old |
| 6. | 4X50m | Freestyle Relay | Girls - Boys | 8 & 9 years old |

***4X50m Mixed Freestyle Relay 8 & 9 years old: each team must include two (2) boys and two (2) girls in the respective age group (i.e. 8 year olds and 9 year olds swim separately by age group).**